

The book was found

# Extensive Guide Of Home Remedies



## Synopsis

This book is an extensive guide on home and natural remedies and helps you prevent illnesses, constipation, help with migraine relief, as well as how to use natural remedies. The book contains a chapter on how to clean the home with natural cleaning products to prevent the spread of diseases and harmful bacteria. This safeguards you and prevents contagion from many illnesses that are caused due to the unclean environment. You will also find tips on how to prevent any food-borne diseases by shopping, handling, storing, cooking and chilling food the correct way with natural remedies. Apart from that, you will find effective home remedies that have worked for generations to cure and prevent a cold and flu, digestive troubles, constipation remedies, and how to get rid of a headache, while preventing skin and hair problems and a range of other common illnesses encountered in daily life. Natural Remedies Natural Laxatives How to get rid of a headache Constipation Remedies Migraine relief Cold Remedies and Throat Treatment Disease Prevention with Natural remedies

## Book Information

File Size: 3310 KB

Print Length: 85 pages

Simultaneous Device Usage: Unlimited

Publisher: Dowling and Lain; 1 edition (February 21, 2016)

Publication Date: February 21, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01C2DEBDE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #562,379 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #191

in Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Green Housecleaning #517 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies #598 in Kindle Store > Kindle eBooks > Crafts, Hobbies & Home > How-to & Home Improvements > Cleaning, Caretaking & Relocating

## Customer Reviews

I have been reading books, magazine, and journal articles about home remedies and herbs, foliage, garden additions, weeds, etc. for a long time. It's a hobby or fascination of mine, so I have a pretty extensive knowledge of not only what valuable resources are out there in the natural world, but how books like this stack up to others. I have an expectation of what I'm hoping to find when I pick something like this out. With this book, by Jim Hatfield, I was left with a mixture of fair-to-middlin' to just plain bad. As other users have noted, the book is a little-- sometimes more than a little -- lacking in the information it's trying to impart. Thoughts aren't quite finished, some text is even x'd out, with commentary or the same text written next to it. There are several passages that just trail off, leaving vital data by the wayside. As others have commented, usages, specifics like dosages, and other common details are missing. More than a time or two, since I am experienced in this area, I noticed things that were just plain wrong. That's not to say that some of the information wasn't good, because it was! If I was buying a book on the subject, though, I'd want a compendium -- data that'd been fully researched, and soundly sourced, so I could confirm it. Too, with a compendium, it would be all inclusive, and would provide with hard core specifics on how to use things (numerous ways), how to fabricate things (like medicines, cleaning products, and not just one, but several), etc. Unfortunately, that is not this. With a lot of work, I think this guide could become a valuable resource. From my first read, however, I feel like it might be a while before that's the case.

I received an ebook copy of this guide for free in exchange for a honest and truthful review. First the negatives: This is a very short book. For some reason I was expecting an anthology collection of home remedies, but this is not. There is a list of about 11 things that are ailments to cure or things to improve with your body and for each one there are an average of 5 remedies. There is no information about possible substitutions of certain ingredients if there are allergy concerns. There are no facts about why any of these remedies work or anything to prove that they do work, you just have to try them. The positives: The Table of Contents is linked so you can easily locate remedies for the condition you are looking for. This will make it really easy to use later on as a reference. In the beginning there is a list of most of the ingredients listed in the book so if you wanted to stock up for your own home remedy "pharmacy" you totally could! Although I'm still not sure where to get Goldeneal (whatever that is). The first two chapters talk about home cleanliness and how to avoid food-related illnesses. These seemed out of place in the book and most of these two chapters were common sense and things I've read elsewhere. The real reason people will buy this book is for the

home remedies for ailments and to improve skin/hair condition. That is what this is good for. I did not try any new remedies this read-through due to not needing to at this time. However, many of the remedies were things I have tried in the past especially the ones for digestive disorders.

[Download to continue reading...](#)

Natural Remedies for Dogs : 101 Safe & Natural Essential Oils' Remedies for Your DOG: (Natural Remedies For Dogs, Essential Oils Remedies For Dogs, Natural Dog Care, Recipes For Dogs, Home Remedies) Extensive Guide Of Home Remedies Organic Home Remedies Vol.2 - The BEST No Prescription Needed Guide to Using Natural Remedies to Cure and Detoxify Your Self (Organic Home Remedies Guide, ... Healing, No Prescription Medicines) Essential Oils 2016: 200 Natural Beauty Recipes: Diffusers, Skin Care Remedies, Weight Loss, Aromatherapy: (Young Living Essential Oils Book, Natural Remedies) (Home Remedies, Aromatherapy) EPSOM SALT: 50 Miraculous Benefits, Uses & Natural Remedies for Your Health, Body & Home (Home Remedies, DIY Recipes, Pain Relief, Detox, Natural Beauty, Gardening, Weight Loss) 21 Home Remedies Exercises and Natural Cures for TMJ Treatment: Holistic Home remedies and natural cures for treatment of Temporomandibular Joint (TMJ) pain and its allied symptoms. Alternative Medicine Made Easy: How to Use Simple Homemade Remedies to Stay Healthy and Disease-Free (Herbal Remedies, Alternative Medicine, How to Use Herbal Remedies,) Healthy Prostate: The Extensive Guide To Prevent and Heal Prostate Problems Including Prostate Cancer, BPH Enlarged Prostate and Prostatitis Feng Shui: Wellness and Peace- Interior Design, Home Decorating and Home Design (peace, home design, feng shui, home, design, home decor, prosperity) Home Security: Top 10 Home Security Strategies to Protect Your House and Family Against Criminals and Break-ins (home security monitor, home security system diy, secure home network) Portable Shell Programming: An Extensive Collection of Bourne Shell Examples The Bronze Killer - with extensive references. (Hemochromatosis) Complete Books of Enoch: ALL THREE: New Translation with Extensive Commentary (Theosophy / Mysticism): (Theosophy / Mysticism) Home Remedies for Ulcers (ulcer, stomach ulcer, peptic ulcer, ulcer symptoms, stomach ulcer symptoms, ulcer treatment, mouth ulcer, mouth ulcers, cold sore, cold sore remedies, cold sores) Gardening: Air-Cleaning House Plants to Purify Your Home - DIY Home, Home Gardening & Indoor Gardening (Healthy Home, Gardening for Beginners, Container ... Hacks, Healthier You, Outdoor Gardening) Herbal Remedies:The Ultimate Guide to Herbal Healing, Magic, Medicine, Antivirals, Antibiotics,: herbs,Alternative Medicine, Magic, Medicine, Antivirals, ... Oils, Depression Cure, Natural Remedies,) Bach Flower Remedies for Animals: The Definitive Guide to Treating Animals with the Bach Remedies The Genital Warts Eradication System - Destroy Your Genital Warts In 5 Days

(home remedies for genital warts, genital warts cure, human papilloma virus, home treatments, warts remover) Back On Track - Fighting Hair Loss At Home, How To Prevent And Cure Hair Loss Using Home Remedies, Grow Your Hair Thicker Naturally! Herbal Remedies: 30 Herbal Recipe Remedies From My Private Collection: Proven Herbal Recipes That Work! (Herbal Recipes Private Collection Book 1)

[Dmca](#)